



Cooking for Baby

The Organic Cookery School is pleased to be able to offer
a 3 week **COOKING FOR BABY** cookery course
at Rowner Children's Centre.

This is a hands-on cookery course for parents with children under one,
covering weaning methods, your baby's changing nutritional needs, delicious
homemade baby foods, baby-led weaning, follow on foods and much more.

Dates: **Tuesday 22nd September to
Tuesday 6th October 2015**

Time: **1pm - 2.30pm**

Venue: **Rowner Children's Centre,
Siskin School Campus,
Nimrod Drive, Gosport,
Hampshire, PO13 8AA**



Try out some delicious recipes with other local mums (and dads!) and let
baby taste them and take a batch home for your freezer.
Supervision for baby provided by Children's Centre while you cook and learn.

Free of charge but booking essential. Parents are invited to make a voluntary
contribution towards ingredients on the day.

To register your interest in attending this workshop, please go online.
www.gosportcc.eventbrite.co.uk or call Rowner Children's Centre on 02392 513777.

If you have any questions regarding the suitability of recipes for those with food
allergies / intolerances, contact The Organic Cookery School at
info@organiccookeryschool.org

Find us on Facebook: www.facebook.com/organiccookeryschool

In Partnership with Rowner Children's Centre, The Big Lottery Fund and Hampshire Learning



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