

Baby Cafe - Support, advice and information for anyone breastfeeding.

Baby Massage - A 5 week baby massage course which aims to strengthen the emotional bond between you and your baby.

Ages & Stages 2 age groups Bumps-9mths and Little Movers 9mths-18mths.

A friendly group for you and your baby with advice and information, Treasure Baskets and other activities.

Brixham Feeding Group - Incorporated into our Ages and Stages group, the Brixham Feeding Group offers advice, information and support around feeding your baby. (Please bring your baby's red book)

Child Health Clinic - A Health Visitor run clinic for baby weighing and health checks.

Confidence To Change - Enabling parents to build confidence and assertiveness and to help make positive life choices.

FIPCAN - If you have a child with additional needs this group provides sensory play, emotional support, advice and sign posting from experienced and familiar staff for parents/ carers.

Lets Talk & Play - Advice & Support for Speech, Language and Communication development. By referral and appointment.

Light Group - (Supported by TDAS) referral only.

Collect your Free Vitamins at our Children's Centres

**Sessions are accessible to all families
Everyone welcome!**



Nurture Programme - Nurture promotes emotional literacy, emotional health, self-esteem, self-awareness and empathy. Helping to develop communication and relationship skills, cooperation, responsible behaviour and managing challenging behaviour in children.

PABS Parent Advisory Board - An informal group where parents can be involved with the development of our Children's Centres.

Lets Talk & Play Together (Previously named as Story Club) - An interactive story and singing session to promote child development focusing on language and communication skills through sharing stories, singing and other area related activities. For ages 12 months plus

Stay and Play - Sessions focus on the importance of play in a child's development. This group is for children 0-5, they can enjoy craft activities, physical play, stories and singing.

Weaning Party - A bookable session offering support and advice on when to introduce solid food to your baby.

Parents to Be - A 3 week course provided by Sling Library. For more information and to book a place please see details below
<http://www.southdevonslinglibrary.com/parents-to-be-torbay.html>



HOW
ACTION FOR
CHILDREN
WORKS

Torbay Children's
Centres
ACTIVITY TIMETABLE
APRIL-JUNE 2018

Paignton

The Beehive
Paignton Enterprise Centre
Paignton
TQ3 3DZ

Brixham

The Barn
Brixham Enterprise Estate
Rea Barn Road
Brixham
TQ5 9DF
01803 883143

Facebook Page: 

Friends of Torbay Children's Centres

Please visit our new website:

www.torbay.childrencentres.org



For all bookings and more information please

Tel: 01803 210200

	Monday	Tuesday	Wednesday	Thursday	Friday
<p align="center">The Beehive Paignton Enterprise Centre Bishops Place Paignton TQ3 3DZ</p>	<p align="center">BABY CAFE 10 - 11.30am</p> <p align="center">YOUNG PARENTS PLAY CAFE (Under 25's) 1 - 2.30pm</p>	<p align="center">LETS TALK & PLAY TOGETHER (Previously named as Story Club) 9.30am - 11.00am Term Time Only</p> <p align="center">*PARENTS TO BE CLASSES 18:30—20:30 Starting from May onwards £30 for 3 week course For more information and to book please see below http:// www.southdevonslinglibrary.com/ parents-to-be-torbay.html</p>	<p align="center">CHILDMINDERS 9.30 - 11.30am 25th April / 9th, 23rd May / 13th, 27th June Term Time Only</p> <p align="center">FIPCAN FAMILY INFORMATION & PLAY FOR CHILDREN WITH ADDITIONAL NEEDS 10.00 - 11.30am 4th, 18th April / 2nd, 30th May / 20th June</p> <p align="center">LETS TALK & PLAY Fortnightly 1.30- 4.30pm (Referral only)</p>	<p align="center">AGES & STAGES Bumps to 9 mths 11.30 - 12.30pm Little Movers 9mths to 18 mths 1.30pm - 3.00pm Term Time Only</p>	<p align="center">BLUE BELLS Day & Venue Differ (By Referral Only)</p>
<p align="center">Brixham The Barn Brixham Enterprise Estate Rea Barn Road Brixham TQ5 9DF</p>	<p align="center">*CHILDMINDERS 9.30 - 11.30am 16th April / 21st May / 18th June Term Time Only</p> <p align="center">INCREDIBLE YEARS (By Referral Only) Day and Venue Differ</p> <p align="center">LETS TALK & PLAY Fortnightly (Referral only)</p>	<p align="center">*CHILD HEALTH CLINIC 9.00 - 10.30am</p> <p align="center">AGES & STAGES Bumps to 9 mths 10.30am - 11.30am Little Movers 9mths to 18mths 1pm - 2.30pm Term Time Only</p>	<p align="center">STAY AND PLAY 9.30am - 11.00am</p>		<p align="center">*WEANING PARTY Monthly Dates announced at Ages & Stages Group 1.00pm-2.30pm (Bookable session) More dates to follow</p> <p align="center">*YOGA ANTENATAL Every Sunday (Excluding Bank Holidays) 5pm-6.30pm £6 per session or £30 for a 6 week block Please phone/email Gill to book a space 07403404054 or babymoon16@outlook.com</p>
<p align="center">Stay & Play + Other Venues</p>	<p align="center">*RHYTHM & RHYME Brixham Library To Book 01803 853870</p> <p align="center">*RHYTHM & RHYME Paignton Library To Book 01803 208321</p>	<p align="center">*BAMBINO 11am - 1pm Parent Led Great Parks Community Centre</p> <p align="center">*RHYTHM & RHYME Brixham Library To Book 01803 853870</p>	<p align="center">STAY & PLAY 10 - 11.30am Palace Avenue Methodist Church Hall</p>	<p align="center">*STAY & PLAY 9.30 - 11am St Boniface Church Hall Foxhole</p> <p align="center">*RHYTHM & RHYME Paignton Library To Book 01803 208321</p> <p align="center">*WEANING PARTY 1.00pm– 2.30pm St Boniface 12th April / 10th May / 14th June</p>	
<p>*These groups are facilitated with partner agencies. e.g. Library Staff, Health Visitors, Parent Champions.</p>		<p align="center">For All Bookable Session Availability Please Contact <u>01803 210200</u></p>			